

# CRMC

## CUYUNA REGIONAL MEDICAL CENTER

### Protective masks out of surgical fabric

If you have a rotary cutter it makes cutting the pieces easier and faster.

1. Cut 1" strips in 36-40" lengths for ties.
2. Cut 9x7" rectangles for the face of mask.
3. Fold a rectangle piece on the long side and a tie strip in half lengthwise. (a) Bringing them together at the half mark. Fold tie short-side in half. (b) Pin the tie to the mask.



4. Fold the tie strip's short-side in half the length of it and sew together end to end. Repeat on other side.



5. Take short-side and fold in half. On each side mark at 1 1/4" from the fold and stitch 5/8" toward the center.



6. On the inside of mask fold pleat toward bottom. Stitch to hold fold in place. Repeat on other side. This forms the cone/beak that covers the N95 mask.

