

Measles is on the rise – what should you do?

Measles is a highly infectious disease with the first case now reported in Crow Wing County. Cuyuna Regional Medical Center is working closely with Crow Wing County Public Health and the Minnesota Department of Health (MDH) as they monitor and provide guidance for the recent outbreak.

Who is at risk?

- Unvaccinated children
- Unvaccinated adults
- Infants under one
- Immunocompromised persons

How does it spread?

- Measles spread quickly from person to person through the air
- Unvaccinated people can easily catch measles by being around someone who is already infected

Symptoms include:

- Fever
- Cough
- Runny nose
- Watery eyes
- Rash that spreads from head to the rest of the body

What to do if you or your child has symptoms of measles?

- In the best interest of all our patients, please call prior to coming in if you feel that you or your child have been exposed to measles
- For questions or to schedule an appointment call 888-420-2778 (Crosby Clinic), 218-454-7600 (Baxter Clinic) and 218-363-3300 (Longville Clinic)
- If this is a medical emergency please present to our Emergency Department

Vaccination recommendations:

- All Minnesota children 12 months and older who have not received a measles, mumps and rubella (MMR) vaccine should get it now
- Adults who have never received the MMR vaccine and have never had measles should get the vaccine now
- Any person can get their second dose of the MMR vaccine, 28 days after the first dose
- Vaccine recommendations may expand if the measles outbreak spreads to more communities

Immunization questions:

For vaccination records please contact MDH MIIC at 651-201-3980

Additional information can be found online at www.health.state.mn.us